

About us



THE PROJECT

>>> WHAT IS ADULTS FOR FUTURE?

Adults For Future is a European project created to involve adults people in ecological practices through activism. Furthermore, the project intends to support educators who work with the elderly with dynamic and innovative tools.

Contact



<https://adultsforfuture.eu/>



Adults For Future



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ADULTS FOR FUTURE



Adults *for* Future

Capacity-building and support of older adults in Europe for green activism as a key to building resilience and healthy lifestyle



Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. 2022-1-IT03-KA220-YOU-000085032



Why is Adults for Future important?

In a world where environmental issues are getting more urgent, "Adults for Future" gives hope. We see how important older adults are in making things better for the environment. Our project believes everyone, no matter their age, can help protect the planet. We use the wisdom and experience of older folks. By involving them in green activities and helping them learn and act, we use their knowledge to make the future greener for everyone.

"We do not inherit the earth from our ancestors; we borrow it from our children."

- Native American Proverb



Our Results



METHODOLOGY

We explored the experiences and aspirations of older adults in Spain, Portugal, Italy, and Cyprus, discovering their potential in environmental activism. Our toolkit offers practical strategies to promote global awareness, eco-friendly habits, and local engagement.



COURSE

Our course blends theory and practice to empower older adults as environmental activists. It covers climate change, sustainable lifestyle choices, and provides tools for adult educators to guide their journey.



GUIDELINES

Our "Strategic Guidelines for Adult Education Centres" offers actionable steps for centers to become hubs of green change, implementing sustainable practices for a better future.



WEBSITE'S IMPACT SECTION

In this section you will find an overview of the impact our project has had, including training events and course piloting. You will also find videos from older adults who have participated, showcasing their inspiring journeys. Additionally, there is a section with curated resources such as documentaries, podcasts, YouTube channels, and reading materials on sustainability.

